

Volume 6 | Edition 10

These 2 Days are Worth More than 200 Years

Every year, thousands of conferences are held across the world. By attending various conferences, people can learn new business strategies, self-improvement tips, career development techniques, and even the latest medical research. They are knowledge centers where new ideas are exchanged, advancements are shared, and innovations are inspired.

For example, Apple holds the World Wide Developers Conference (WWDC) every year to inspire and motivate developers for the latest technologies and creations. Companies, like Berkshire Hathaway, hold annual shareholder conference to discuss new directions and methods to increase revenues. There are annual conferences held for almost every field!

While the themes vary between institutions and companies, the fundamental purposes of all conferences are the same – to innovate, share ideas, and move forward. If companies and institutions take time to improve and innovate, would it not make sense for individuals to take time to improve and innovate themselves? Every so often, everyone needs to advance their thinking and innovate their attitudes.



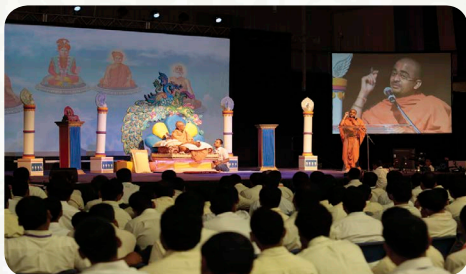
The Atmiya Youth Shibir (AYS) is one unique conference where thousands of individuals gather with one goal – to improve! AYS is a place where youth and saints gather together to share ideas on how we as individuals can improve. It is a place where we can find practical and spiritual answers to any and all questions of life.



Unlike any other conference in the world, AYS is unique in many ways. Extraordinary speeches and presentations by youths and saints inspire a positive transformation of

mind, body and soul. Cultural dramas and dances provide entertainment and portray techniques to incorporate spirituality and satsang into our daily lives. Life-size exhibits and creative models on various topics convey moral messages to enrich daily life.

But the most important aspect of AYS is the presence of our beloved Guruhari Hariprasad Swamiji. His mere presence fills the atmosphere with



divine energy. His divine discourses and blessings spark life-changing transformations for each youth.

Seeds of wisdom are forever planted in the minds of those who attend AYS. They get motivated by listening to fellow youths share their genuine experiences on how an attitude filled with positivity and faith has helped them overcome adverse situations. This helps them in bending, breaking, and rectifying any flawed attitudes. Youths get infused with wisdom and inner strength to live a more principled life.

With all these benefits, it is hard to imagine a reason to not attend a Shibir. But unfortunately, our minds make excuses for not attending. Job, school, social obligations, or just laziness are all excuses that can prevent us from attending a Shibir. But we have to take a break from our fast-paced routine and make it a priority to attend Shibir. If we realize the true glory of a Shibir, then nothing can stop us from attending.

One time, a youth found it difficult to detach himself from his daily routine and attend an upcoming Shibir. Swamiji noticed his absence and personally called him. In their phone conversation, Swamiji explained to him the glory and benefits of coming to a Shibir. Swamiji said, “The constant flow of positive energy, which is unattainable even after 200 years of efforts, can be experienced by attending a 2-day Shibir.”

Fortunately for us, Swamiji has personally organized several regional AYSs throughout the summer months. If you are looking for a summer vacation that is both fun and inspiring, there is no better place than the AYS. It will be a life-changing and memorable experience that you will not want to miss!

COOL FACT

Exposure to certain words can impact your mood, behavior, and reactions. In one study, the first group made a jigsaw puzzle with words like calm, polite, and humility written on it. The second group made a puzzle with words like anger, rude, frown written on it. After solving the puzzle, they left the room and encountered an annoying person in the hallway. The first group was able to keep their cool, while a majority of the second group reacted aggressively. If simple words on a jigsaw puzzle can influence people’s behavior, just imagine how the inspirational words at the AYS will influence you!



LAUGH OUT LOUD

My doctor told me to avoid any unnecessary stress. so I did not open his bill.



Why Its Worth Attending Shibir, Even With A 104° Fever

A Shibir is one event that unleashes the immense energy stored from within ourselves. The experiences of a Shibir are life-changing and unforgettable, and can really benefit attendees in all aspects of life. That is why Guruhari Hariprasad Swamiji encourages youths to attend a Shibir.

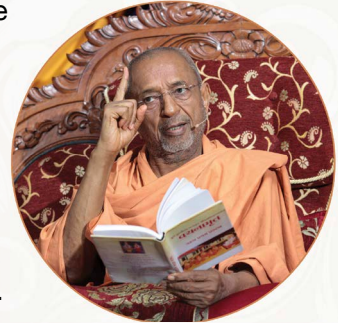
In 2005, Swamiji organized a Shibir in Toronto, Canada. A youth named Ojasbhai was unable to attend the Shibir because he had fractured his foot and was feeling ill. Ojasbhai felt it was okay to miss the Shibir.

In the midst of hundreds of youths at the Shibir, Swamiji noticed Ojasbhai's absence. Swamiji inquired and was informed about Ojasbhai's condition. Swamiji commented, "If Ojasbhai would have come, he could have been a beneficiary of everything the Shibir had to offer." Then later, Swamiji personally told Ojasbhai, "Even if you had a 104°F fever, still try to attend Shibir."

Swamiji is a compassionate saint who cares more about our physical health than a mother can ever care for her child. At the same time, Swamiji really cares about our mental health. He wants us to be in bliss and happy in all dimensions. And Swamiji knows that there is no better place to rejuvenate and refresh our minds than a Shibir.

Shibir serves as a springboard for transformation. Youth may have addictions, immoral habits, or disturbing thoughts. But they lack the strength to overcome these vices on their own. Shibir provides inner strength to transform and improve their lifestyle.

A youth from Philadelphia named Keshavbhai was an ordinary student in college with mediocre grades. But he had extraordinary dreams of pursuing a career in dentistry. He felt as if his dream would only remain a dream. Moreover, being from a cultured family, he felt as if he should eat a vegetarian diet, but could not get the strength to forgo eating meat.



During the summer after his freshman year of college, Keshavbhai decided to participate in the cultural dance for the upcoming Atmiya Youth Shibir (AYS). During dance practice, the positive vibrations of all the youths inspired him. During the 2½-day AYS, he performed on stage in front of Swamiji and thousands of youths in the audience. The constant flow of positive energy and motivational words from the AYS infused him with inner strength.



This AYS proved to be the turning point in Keshavbhai's life. He easily got the courage to stop eating meat. He stopped watching movies and his grades significantly improved. More impressively, he asked Swamiji to bless his new pooja, and since then, Keshavbhai has started each day by doing pooja and prayer. Today, he is a ranking student in dental school!

There is no doubt that AYS can gift each attendee with confidence, wisdom and strength. It is a catalyst for any youth wanting to improve. AYS not only transforms, but inspires youths to remain joyful even in stressful situations.

Swamiji has inspired, guided, and transformed the lives of countless youths through Shibir. To this day, a Shibir is still the best place to experience positive change and receive divine blessings. We are extremely fortunate that Swamiji has organized several Shibirs for us this summer. So let's arrange our schedule and plan to get a first-hand experience of a Shibir.



Gifts of Attending Shibir



1. Capture a new vision for life



2. GAIN WISDOM TO REMAIN MENTALLY STABLE IN ALL SITUATIONS



3. Get strength to introspect, pinpoint your own flaws, and overcome them



4. Improved focus and concentration to make studying more meaningful

5. Realize the importance of having friendship with a Gunatit Sant

6. Develop a fresh spirit to enjoy each second of life

Lasting Thought

“Any dirt we have accumulated on our mind is cleansed and our spirit is rejuvenated by attending a single sabha.

We must attend weekly sabha. The strength of 40 weekly sabhas is gained by attending just ONE Shibir.”

– Guruhari Hariprasad Swamiji

Reflections of AYS 2013

Atmiya Youth Shibir 2013, held near Pittsburgh, PA (July 26-28th, 2013), inspired all the youths that attended.



AYS 2013
Gallery

"This was my first time coming to Shibir. I had no idea what I was coming to. When I left, I knew this Shibir will definitely be the turning point in my life."
- Jay (Linden, NJ)

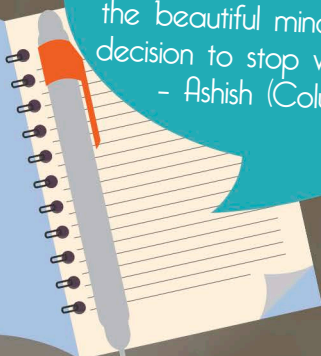
"I made promise to Swamiji that I will not get angry at my parents anymore."
- Ishan (San Jose, CA)

"I learned about Swamiji's pious and positive life. Swamiji's speech was really amazing. Swamiji mentioned, 'Speak to everyone with respect and humility.' This really touched me and I will try to remember this quote each day."
- Dhruv (Philadelphia, PA)

"I got a chance to personally meet Swamiji. He gave me blessings and patted my back. His Atmiya Sparsh (divine touch) brought me so much peace and happiness that it made me cry. After that, I decided to leave my bad habits, be a more positive person, and be more confident by not letting negative things impact me."
- Grinish (San Jose, CA)

"Swamiji cares for me. He is always thinking about me. He repeatedly said not to watch movies because it pollutes the beautiful mind. So, I made a decision to stop watching movies."
- Ashish (Columbus, OH)

- Register for
AYM 2015



atmiya Youth Shibir 2014



JULY

19
Sat

20
Sun Morning

2014



Cordial Invitation

Swami Shreeji

We would like to cordially invite
you and your friends to participate in the
17th International Atmiya Youth Shibir 2014.



Venue

NJ - Expo Center
97 Sunfield Avenue
Edison, NJ 08837



Registration Fees

Fee: \$70 Who does not
need accommodation

Fee: \$120 Who needs
accommodation

Youth Shibir is for
Age group 14 to 40

Register at
www.haridhamnj.org

Registration Mandatory